

Week 3

February 28

The average person spends 87% of their time indoors. Consider adopting a new spiritual practice that makes you more attuned to God's creation. Find ideas at www.centerforspiritualityinnature.org/practices

March 1

Write down one planned action you will take to honor God's creation with your landscape or garden plans in the spring. Find ideas from the US Forest Service at www.fs.fed.us/wildflowers/Native_Plant_Materials

March 2

Watch the "Story of Stuff" online video at www.storyofstuff.org

March 3

Decide not to add any items to the landfill today. Use real cups, cloth napkins, reusable bags for groceries, and reusable water bottles.

March 4

If you don't already have one, consider ordering a copy of The Green Bible. All passages related to care and justice for God's creation are in green print. It is available online.

March 5

Are there "energy vampires" in your home which you can unplug to make a difference? Check www.smartenergy.com/energy-vampire for ideas. Then, try out a practice of observing the Sabbath by unplugging your electronics!

March 6

Take note of how your church's coffee hour is run. Look for opportunities to become more sustainable, such as eliminating Styrofoam, using china instead of paper cups, or buying from local vendors.